

allurespa.com Via Dei Cavalieri 2/C, 50123, Firenze



# Allure Massages

# California Massage

#### 60 / 90 min

Promotes blood and lymphatic flow and helps you to refocus and restore your inner balance.

Single €140 / €200 - Couple €280 / €400

# Relaxation massage

60 / 90 min

Relieve and tones the muscles and promotes elimination of toxins. The targeted techniques improve blood circulation, loosen knots and soothe tense muscles and joints, leaving you relaxed and revived.

Single €140 / €200 - Couple €280 / €400

# Swedish Massage

60 / 90 min

The classical massage techniques of Swedish massage improve blood circulation & reduce muscle tension, giving the ultimate feeling of relaxation physically & mentally.

Single €150 / €210 - Couple €300 / €420



# Allure Massages

# Deep Tissue Massage

#### 60 min

Specialized techniques help to refresh and relax muscles, increasing the blood flow and therefore the oxygen flow around your body. This gets rid of toxins in very sore and strained muscles in common areas such as a stiff neck, painful lower back and sore, tight shoulders.

Single€150 - Couple€300

# Pregnancy Massage

#### 60 min

Pregnancy massage is designed for the needs of the expecting mother. It relieves tension and reduces fatigue and pain caused by postural changes. Improves your skin's natural elasticity, fluid retention and blood circulation. Recommended in the second and third trimesters only painful lower back and sore, tight shoulders.

Single €150



# Allure Massages

# Neck & Back Massage

30 min

This treatment uses classic massage techniques to relax the body and mind it is an excellent treatment to soothe away aches, pains and stiffness promoting a deep sense of relaxation and renewed vitality.

Single €80 - Couple €160

# Foot Massage <sub>25 min</sub>

Using a technique that improves blood and lymph circulation and reduces imbalances caused by stress and tension, lowers blood pressure, reduces imbalances caused by stress and tension and improves immune function.



# Face Treatments by Biologique Recherche

The Biologique Recherche methodology is based on over 45 years of experience using innovative products and meticulous protocols. The products are formulated with high concentrations of active ingredients derived from natural or biotechnological compounds and are fragrance-free.

Our therapists at Allure spa are trained with the Biologique Recherche methodology to create a personalized and unique face treatment for each Skin Instant. Our face treatments consist of three core stages and seven steps during which our spa therapists will reshape the face with unique, original techniques.



An in-depth dermo-cosmetic skin diagnosis is a key part of the Biologique Recherche protocol, so we can personalize your beauty treatment according to your Skin Instant© using our specific physiological, behavioral, and tactile approach.

## Skin Instant Treatment © 40 min

The Skin Instant<sup>©</sup> Lab consists of five sensors (measuring hydration, trans-epidermal water loss, elasticity, pigmentation, and sebum levels) linked to a computer with an exclusive diagnostic analysis software program developed by Biologique Recherche. Based on our expert's dermo-cosmetic analysis and objective measurements, the Skin Instant<sup>©</sup> Lab gets data from our knowledge bank to come up with a selection of products and treatments perfectly matching to your Skin Instant<sup>©</sup> needs.

Single €50

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# **Custom Treatments**

45/ 60/ 90/ 120 min

Personalized face treatments will be created after the evaluation stage with the Biologique Recherche methodology to have unique & targeted treatments for each skin instant to achieve the best results.

€130/€170/€220/€285

### For Soothed Skin

#### Biosensible Treatment

A treatment that stabilizes Skin Instants<sup>©</sup> that are particularly fragile or prone to reactions. The skin of your face, neck and décolleté feels soothed and more comfortable.

# For Clearer Skin

Sebum-rebalancing

A treatment that controls excess sebum on the skin's

surface and detoxifies oily and acne-prone Skin Instants©. Skin is purified and unified, while pores are tightened.

### For Brighter Skin

Skin Booster VIP 02

A treatment to detoxify and stimulate the epidermis and re-oxygenate skin tissue, for dull Skin Instants© choked by urban pollution. Your complexion is incredibly revitalized, skin is more luminous & radiant.

## For Plumped-Up Skin

#### Soin Restructurant et Lissant

A skin reconditioning and plumping treatment, suitable for all Skin Instants©. The skin of your face, neck & décolleté is hydrated, smoothed and regenerated.



# **Custom Treatments**

45/ 60/ 90/ 120 min

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€130/ €170/€220/€285

### For Finer Skin Texture

Soin Peeling aux Acides de Fruits

An exfoliating and regenerating treatment for lined, lackluster, and thick Skin Instants©. It leaves the skin smoothed and with a finer texture.

### For Deeply Purified Skin Soin Masque Exfoliant P50 Visage

An exfoliating and regenerating treatment for keratinized Skin Instants<sup>©</sup> and skin with an irregular micro-profile. It evens out skin tone, leaving your face smooth and glowing.

# To Lessen Pigmentation Spots

### PIGM 400 treatment

A complexion-evening treatment to prevent and reduce the visibility of pigmentation spots for uneven and dull Skin Instants<sup>©</sup>. The skin of your face, neck, and décolleté looks more uniform.

## For Reducing Wrinkles

### MC 110 treatment

A treatment that smooths out fine lines and wrinkles for dull Skin Instants<sup>©</sup>. The skin of your face, neck and décolleté is toned and redefined.



# **Custom Treatments**

45/ 60/ 90/ 120 min

Personalized face treatments will be created after the evaluation stage with the Biologique Recherche methodology to have unique & targeted treatments for each skin instant to achieve the best results.

€130/€170/€220/€285

## For Lifted & Better Toned Skin

#### Lift C.V.S treatment

An exfoliating and lifting treatment combined with massage techniques for mature Skin Instants<sup>©</sup>. Skin is smoothed, toned and refined.

### For More Beautiful Skin

#### Peeling aux acides de fruits

An exfoliating and revitalizing treatment for wrinkled, dull and thick Skin Instants<sup>©</sup>. Skin is smoothed and refined. Only November - February

# For A Fresh Look Around The Eyes

#### Module Contour des Yeux

A unique, targeted treatment specifically designed for Skin Instants<sup>©</sup> with dark circles, bags, or wrinkles around the eyes. Reduces puffiness, lightens dark circles, & smooths fine lines & wrinkles to make the eye area brighter.

## An Intensive Custom Treatment

### Module Co-Facteurs

For even more visible results, enhance your treatment with the application of a mask pre-infused with active ingredients, which molds itself to the shape of your face for an individualized intensive treatment.



# Hand Treatments

by Biologique Recherche

# For Revitalizing And Hydrating Hands

Soin Revitalisant

This treatment uses classic massage techniques to relax the body and mind it is an excellent treatment to soothe away aches, pains and stiffness promoting a deep sense of relaxation and renewed vitality.

€75

# To Reduce Pigmentation Marks *Soin PIGM 400*

A treatment that diminishes dark spots and slows their appearance, leaving skin more even-toned and brighter.



# Hand Treatments

### **Classic Pedicure**

#### Soin Revitalisant

The treatment will begin with cleaning the nails, then shaping the nail and cleaning the cuticle, followed by a relaxing massage with our nourising products, finishing with a nailpolish of your choice.

€70

### Luxury Pedicure

Ultimate way to treat your feet, starting with cleaning and shaping the nails, gentle exfoliating hand cream to remove dead skin cells, a soothing moisture mask, to lock in the hydration and protect the skin will put a protective hand serum and a hand cream. Followed by a massage and completed with a nail polish by choice.



# Hand Treatments

by Biologique Recherche

### Gentleman's Manicure

Shaping the nails and cleaning the cuticles, exfoliating the hand from dead skin cells, proctective hand serum and hand cream and finshing with a massage.

€50

### Gentleman's Pedicure

Shaping the nails and cleaning the cuticles, removing build up from dead skin cells with an exfoliation sugar scub, followed with a cream and finishing with a massage.

€60

### Gel Break

Gel break is a healing treatment that helps nails become healthy and rejuvenated again.

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# Spa Packages

## Face Treatments

Each Biologique Recherche treatment packages include 1 free Skin Instant Lab diagnose.

8 treatments x 45 min / €960
8 treatments x 60 min / €1240
8 treatments x 90 min / €1640
8 treatments x 120 /€2160

## Allure Massages

- 8 Swedish massages x 60 min /  ${\rm \in}\,1040$
- 8 Deep tissue massages x 60 min / €1040
- 8 Relaxation masssage x 60 min / €960
- 8 California massages x 60 min / €960



# Price List

### MASSAGES

Relaxation massage 60/90 min l €140/€200 Swedish massage 60/90 min l €150/€210 Deep tissue massage 60/90 min l €150/€210 California masssage 60/90min l €140/€200 Back, Neck & Shoulder massage 30 min l €80 Pregnancy massage 60 min l €150 Feet massage 25 min l €70

### **COUPLES MASSAGES**

Swedish massage 60/90 min l €300/€420 Relaxation massage 60/90 min l €280/€400 Deep tissue massage 60/90 min l €300/€420 California massage 60/90 min l €280/€400 Back, Neck & Shoulder massage 30 min l €160

### **DERMO-COSMETIC DIAGNOSIS**

Skin Instant© Lab: 40 min l €50



# Price List

### HAND TREATMENT

Soin Mains / Hand Treatments 30 min / €75

### NAILS

Classic manicure €60 Classic pedicure €70 Luxury manicure €90 Luxury pedicure €100 Gentlemen manicure €50 Gentemen pedicure €60 Gel break €75 Semi perminent additional charge of €20



# Allure Information

### CHILDREN'S POLICY

Guests must be 18 years old in order to have a spa treatment. Children under 16 years old are not allowed to use the Sauna & Steam Room. Children must be accompanied by their parents.

### ARRIVAL TIME

Please allow sufficient time before your treatment to complete a spa consultation form and/or health questionnaire. We recommend you arrive up to one hour in advance of your massage so that you can change, relax, and enjoy the spa facilities. We ask to arrive maximum 20 min before the face treatment. Please be advised that late arrivals will result in a reduction of treatment time. The spa will provide towels, robes and slippers and any amenities required for use during your spa visit.

### SCHEDULING AN APPOINTMENT

To schedule an appointment for a treatment, please contact our reception who will be able to guide you to theright choice. To ensure your preferred time and service is available we recommend you book in advance. External clients that are making the reservation for a treatment, we will need a credit card to confirm the reservation.

### **SPA ETIQUETTE**

Our spa environment is one of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity. Considering this, the spa is a mobile phone, camera, alcohol, and smoke-free zone.



#### **HEALTH CONDITIONS**

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

### PREGNANCY

We have specially designed treatments for expectant women or nursing mothers. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time. Pregnant and nursing mothers are not permitted to use the Sauna & Steam Room.

### SPA OPENING TIMES

Monday - Friday: 10:00 – 20:00 Saturday - Sunday: 11:00 - 20:00

### GIFT CARDS

An ideal gift for someone special - Please contact the reservations team.

### HOMECARE

Most products used in our treatments are available to buy at reception.

### VALUABLES

The spa accepts no responsibility for loss of valuables and jewelry at any time on the spa premises.

### PRICES

All prices are quoted in EUROS and are subject to change at any time. Gratuities are not included and are welcomed at your discretion.



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